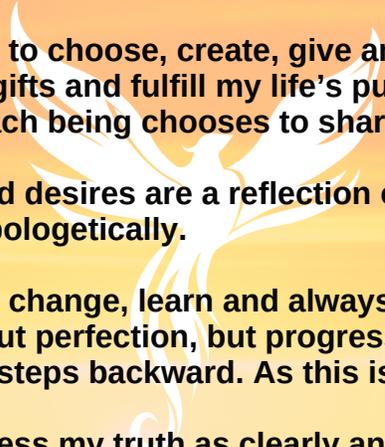


The WOW Life

The Decree for a Woman's Heart & Soul

By Lori Anne Rising

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1. I am Original, Authentic and Powerful. This is the essence of who I am and who I am always becoming.
 2. My only real responsibility in this life is to be and become the highest and best expression of my Truth that I can. All else either supports that or detracts from it. As this is true for me, so too is it true for others.
 3. My time is sacred. I claim my right to choose, create, give and share my time as I see fit. As I do, I am able to share my inherent gifts and fulfill my life's purpose. As this is true for me, it is true for others. I honor the time each being chooses to share with me.
 4. Others' views, opinions, needs and desires are a reflection of who they are, not who I am. I claim my right to live my Truth, unapologetically.
 5. I claim my right to make mistakes, change, learn and always be becoming a greater expression of my Truth. It is not about perfection, but progress. My best will look different each day and progress may include steps backward. As this is true for me, it is true for others.
 6. I claim my right to speak and express my truth as clearly and authentically as I can, using compassion but never diminishing my Truth.
 7. I shall make the Angel of Transformation my friend, knowing that She always arrives to help me become the person I need to be in order to live my WOW Life in its highest and best form.
 8. I shall embrace the mysteries of The Universe, knowing that I am always provided for, cared for and supported in every way.
 9. I claim my worth. I am worthy not because of anything I have done or not done, will do or not do, but because I exist. It took millions of years of miracles for me to be here now. I honor the miracle that I am.
 10. If I am worthy because I exist, then each being who exists now, or has ever existed, is of equal value and worth simply because of their existence. As I honor my Self, I honor the inherent value and worth of all life.
 11. I set self-respecting boundaries that honor my Truth. As I expect my Truth to be honored, so too do I honor others, knowing that another's Truth may be different but is equally sacred.
 12. I shall remember that no one can truly be helped who is unwilling to take full responsibility for their life. But no one can truly be stopped who does. I choose to be unstoppable.

#WiseOneWithin #ConnectWithYourWow